

# WINTER CONFERENCE SCHOOL HOLIDAYS PRESCHOOL

## **HILLIARD CITY PRESCHOOL November 2011**

### **Dates to Remember:**

Thurs. Nov. 3 – Art to Remember Orders Due  
- 6:30 PTO meeting Room 212  
Tues. Nov 8 – Election Day  
Fri. Nov. 11 – Fall Pictures – Make-up Day  
Mon. Nov. 14 – 8 am – 8 pm Parent Teacher  
Conferences  
Thurs. Nov. 17 – Spirit Night at Max and Erma’s  
11 am – close  
Wed. Nov. 23 – No School  
Tues. Dec. 6 – Winterfest 6 - 8 pm  
Wed. Dec. 7 – LATE START – NO AM  
Preschool

### **FROM OUR DIRECTOR:**

Thanks to all of the many families who participated in our parades last Friday. So much fun for all!

November is always a great time to reflect on all the things we have to be "thankful for" at our preschool and in all the Hilliard school buildings. Here at preschool, we are thankful for:

- All of our preschoolers and their families.
- The great staff at Preschool that work everyday to educate our students and prepare them for kindergarten.
- That the strong commitment to education all students in the district has earned us the "Excellent with Distinction Award" for the 4<sup>th</sup> year in a row.
- Even with 10 million dollars in reductions over the past four years, our students continue to receive high quality instruction that includes the necessary tools for students to be prepared for 21<sup>st</sup> century learning and careers.

Thanks to all of you for your help and support in our upcoming school levy on November 8, 2011.

*Sharon*

## **HAPPY THANKSGIVING**

WOW – Time flies and here we are facing November! As you prepare for Thanksgiving and visiting relatives and friends, remember to explain to children what will be happening and how their day will be different. Remember to pack some of their favorite toys and use a picture schedule if it helps them understand the new routine for the day. Drawings, words, and/or pictures can be used to show the order of the day. Remember to include a fun picture or a reward picture and to deliver the reward in the designated time frame.

As always, be sure to send me information you wish to share in the monthly newsletter, the name of any good books you find helpful, information you want posted on the share board and anything else you want to see in this newsletter to : [Deborah\\_osbun@hboe.org](mailto:Deborah_osbun@hboe.org) (do not forget the underscore in between my first and last name) or call me at 921-5050. Thank you!

REMEMBER to check the Share Board when you are in. The Share Board is located on the wall inside the motor room.

### **Read on for information on:**

- Gift Ideas from the Occupational Therapists
- Kudos to the District
- Hilliard Community Days
- Book Reviews from our parent library
- Nutrition News from Debra Stoner, BSN, RN, NCSN
- Book Fair Final Totals
- Attachment: Reading Fest

### **Gift Ideas to address fine motor development**

The holidays are approaching and you may be beginning to shop for gifts for your children. We'd like to take this opportunity to recommend toys that are fun but can also promote fine motor development.

### **HAND AND FINGER STRENGTHENING**

- Lego or Duplo Blocks

- Bristle blocks
- Play-doh and accessories
- Pop beads of various sizes
- Squirt toys
- Silly Putty

### **VISUAL MOTOR SKILLS**

- lacing cards
- string beads
- shape sorters
- puzzles
- mazes or connect the dot books
- Lite Brite
- Colorforms
- Hi Ho Cheerio
- Kerplunk
- Spin Art
- Matching games
- Box of misc. craft items (glue, pom-poms, glitter, pipe cleaners, craft sticks, feathers, etc)

### **PRE-WRITING SKILLS**

- Art easel
- Magnadoodle
- Fingerpaints
- Water Color paints
- Stamp markers or ink stamps
- Squiggle pens
- Stencils
- Magnetic letters
- Bathtub crayons
- Benderoos

Many of these items can be found at stores such as Walmart, Meijer's, Target, Larson's Toys and Lakeshore Learning Store. If you would like to look at our catalogs for therapeutic items, please feel free to contact us.

Maria Davies, OTR/L  
Deb Kutney, OTR/L  
Cheryl Mason, *PTO news*

## **KUDOS TO THE DISTRICT**

### **School Board Recognizes 11 Students in National Merit Program**

During the October 24 Board of Education meeting, Hilliard City Schools acknowledged 11 seniors across the district who earned recognition from the National Merit Scholarship Program. Each year, more than 1.5 million students in the country enter the National Merit Program by taking the Preliminary SAT/National Merit Scholarship Qualifying Test. Of these students, approximately 50,000 or only three percent are identified as high scorers. View the list of honorees and photographs online at [www.hilliardschools.org](http://www.hilliardschools.org) <<http://www.hilliardschools.org>> .

### **Hilliard City Schools Receives Auditor of State Award with Distinction**

Hilliard City Schools recently earned the *Auditor of State Award with Distinction* for its excellent financial record keeping, clean audit and transparency in communicating about finances with the public. “At Hilliard City Schools we actively engage our community regarding the district’s finances,” said Treasurer Brian Wilson. “We have several reports available on our website and even recently hosted an interactive online community session to address questions and correct false rumors that people sometimes hear in the community. We take these extra steps to make sure our community is informed about how their tax dollars are being used to educate students.”

Find additional information about this award online at [www.hilliardschools.org/news/newsRelease2.cfm?releaseID=102711](http://www.hilliardschools.org/news/newsRelease2.cfm?releaseID=102711) <<http://www.hilliardschools.org/news/newsRelease2.cfm?releaseID=102711>> .

Dear Hilliard Resident,

We would like to invite you and your family to attend an event that will be the first of its kind in Hilliard and hopefully not the last. The parents, students, booster organizations, and staff of Hilliard Davidson School have been busy planning the first Hilliard Community Day. On Saturday, November 5, 2011 from 8 AM to Noon, we will show the Hilliard Community a lot of what makes Hilliard and especially, Hilliard Davidson, a great place to live and be educated.



An All You Can Eat Pancake Breakfast highlights the event. Presale tickets are available at Davidson football games, at the Davidson office, and through your children's school. Presale tickets are \$5 for adults and children age 6 and older and \$3 for children 5 years old and younger. Tickets at the door increase to \$7 and \$5 respectively.

A number of additional activities throughout the morning include:

- Game: Balls in Vases
- Game: Ring Toss
- Game: Cattle Rope
- Film Fest by Media Art Classes
- Hoffman Trails: Keynote and Power Point
- Picture with the Wildcat
- Engineering
- Pottery Wheel Demonstrations
- Science Demonstrations
- Cupcake Walk
- Flyers Catering Class: Grad Party
- Game: Cup Stacking
- Game: Hula Hoop Toss
- Game: Gum Ball Race
- Home Depot Kids Workshop
- Various other games
- Face painting
- Bake Sale
- First Watch free parfaits
- Wrestling Clinic
- Basketball Practice
- Basketball Shoot-a-round
- Pep Rally

Performances will include:

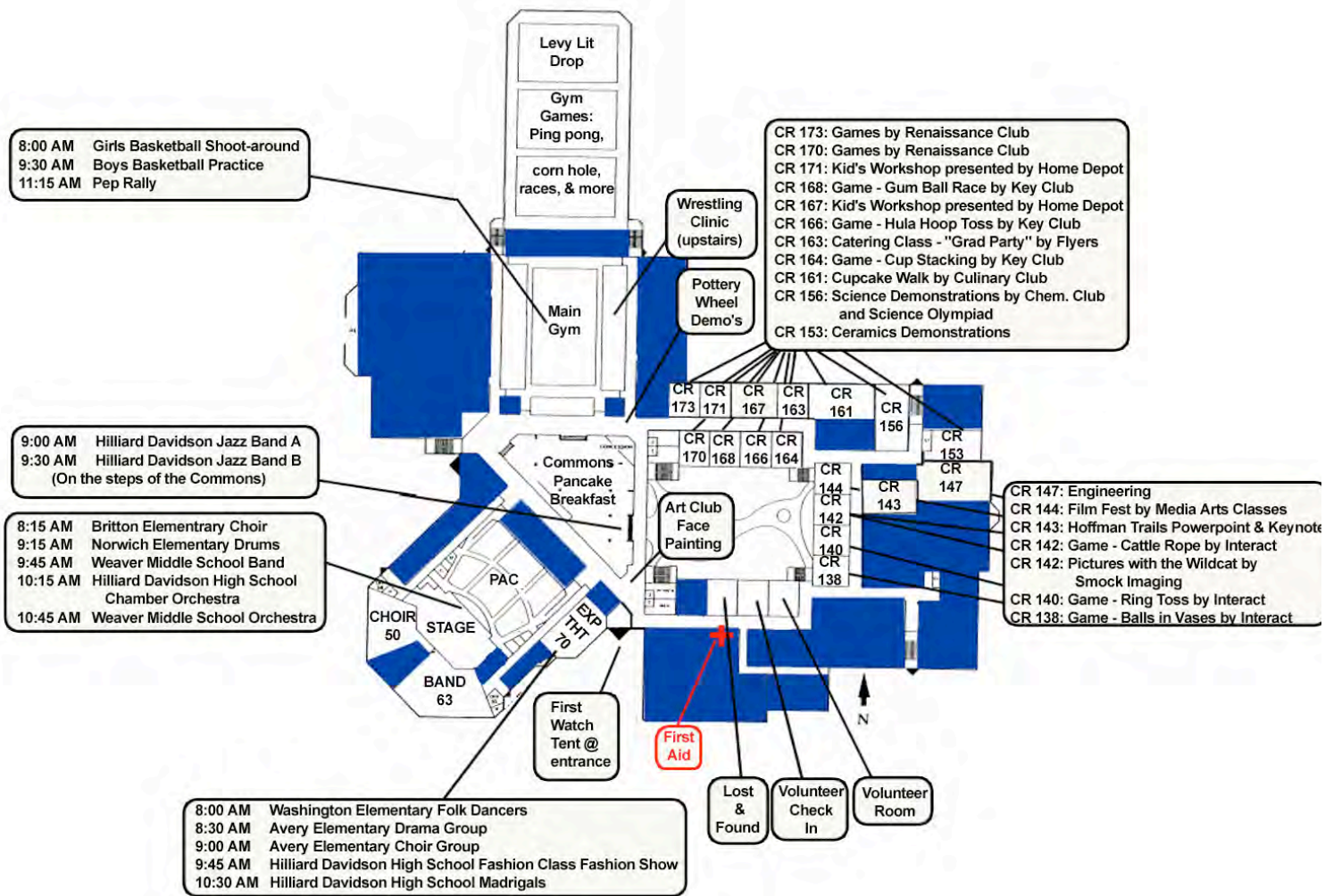
- 8:00 Washington Elementary Folk Dancers
- 8:30 Avery Elementary Drama Group
- 8:45 Britton Elementary Choir
- 9:00 Avery Elementary Choir
- 9:00 Davidson High School Jazz Band A
- 9:15 Norwich Elementary Drums
- 9:30 Davidson High School Jazz Band B
- 9:45 Davidson High School Fashion Class Fashion Show
- 10:15 Davidson High School Orchestra Ensemble
- 10:45 Weaver Middle School Orchestra Ensemble
- 10:30 Davidson High School Madrigals

Questions can be sent to [dvdcoloringcontest@gmail.com](mailto:dvdcoloringcontest@gmail.com) or see our Facebook page at <http://www.facebook.com/groups/121895167917938/>.

We hope to see you there!

1 R n

Jeffery D. Keller Pam Moore



## BOOK REVIEWS

Here are 3 more previews from books that may be borrowed from the parent library located in RM 212. Feel free to stop in, look inside the cabinet and if you find a book you wish to read, just sign the card located on the cover of the book and leave the card in the card holder located inside the cabinet.

Touchpoints 3 to 6 Your Child's Emotional and Behavioral Development by T. Berry Brazelton, M.D. and Joshua D. Sparrow, M.D

This book describes typical development at each age. For each age, the doctors describe a child's expected Temperament, Learning, Moral Development, Relationships, Independence and Separation. The second part of the book discusses possible challenges families may face.

Too loud, too bright, too fast, too tight What to do if you are sensory defensive in an overstimulation world. By Sharon Heller, Ph.D.

This is full of great information using language that is easy to read and process. The introduction has a sensory defensiveness self-test. The Parts of the book are: Living Outside the Comfort Zone, Secondary Effects: From Dis-Ease to Disease, Your Sensory Diet, Removing Treatment Obstacles.

Playing It Right! Social Skills Activities for Parents and Teachers of Young Children with Autism Spectrum Disorders, Including Asperger Syndrome and Autism by Rachael Bareket

This book has great ideas, activities and pictures. The topics include: Social Skills Checklist, Relationships, Learning to Listen, My Special Space, Waiting, Learning about Emotions, Dealing with Anger, Speaking Politely, Using our Voices: Learning to Speak More Quietly and with the Appropriate Emotion, Cooperation and Friendship.

### My Social Stories Book by Carol Gray and Abbie Leigh White

This book has great stories but you may want to add more pictures. Directions on how and when to use social stories are included. Chapter one has a variety of social stories about Taking Care of Me. Chapter 2 is about Home and includes stories on babies, toys, time, various noises in the home. Chapter 3 is about Going Places.

This one may be helpful to go through before the holidays to prepare yourself for the different routines and visits.

## How Much is Enough?

**Do you ever wonder if your child is eating enough, or too much? MyPyramid.gov and MyPyramid for Kids can help you. Use them to plan sensible amounts for meals and snacks, for your child – and for you!**

### How much does your child need?

Most children, ages 2 to 5, need between 1,000 and 1,600 calories a day. The amount your child needs depends on his/her age, gender, body size, and physical activity level. To find your child's pyramid, go to MyPyramid.gov.

### Many children ages 2-5 need the following amounts from each food group, depending on their calorie level.

For 1,000 to 1,600 calories, your child should have

Grains	3 to 5-ounce equivalents
Fruits	1 to 1½ cups
Vegetables	1 to 2 cups
Milk*	2 cups
Meat and Beans	2 to 5-ounce equivalents

\* Choose low fat or fat-free milk and milk products.

#### NIBBLES FOR HEALTH

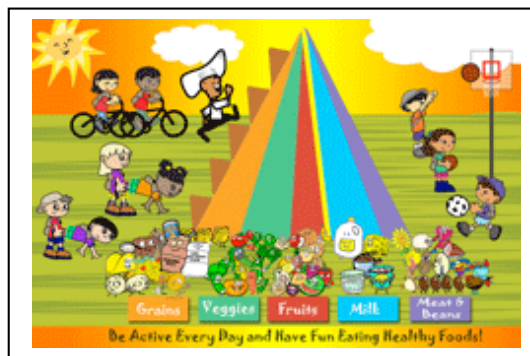
Nutrition Newsletters for Parents of Young Children, USDA, Food and Nutrition Service

### This guide can help you plan the total amount your child may need for a day.

Do not use it to force more food or stop your hungry child from eating. Appetites change from day to day. And each child's needs are different.

Your child may not eat much at one time. That is okay. Small amounts may be enough for a small stomach.

- Serve small amounts.
- Start with 1 tablespoon of each food for each year of his or her age.
- Plan for second helpings.
- Let your child's appetite guide you.



## Book Fair Totals

THANK YOU for participating in our Scholastic Book Fair here at the preschool! It is such a win – win event: you have books to enjoy with your children and the preschool expanded our library of books to use with children in the classrooms. We earned \$700 in Scholastic Dollars to purchase Scholastic books and CD's for the classrooms and we earned \$415.93 in cash for PTO. PTO will use this money to help fund Spirit Day in the Spring. Thank you for supporting our classrooms and PTO!

